

## **Art Therapy**

This class is specifically designed for adult men with developmental disabilities to use for self-expression, emotional healing, and to enhance creativity and flexibility during free art making time. Mary will guide the participants towards these goals as well as help the men to socialize and try new materials. All materials are supplied including paint, markers, clay and collage material. Space is limited. Please contact Mary Stanwood at 604-781-5489 to see if this class is suitable for you.

Room 201 Killarney Community Center

-Mary Stanwood, Art Therapist

Jan 3-Mar 28 Fri 12:30-2:00pm \$20/drop-in